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the common complaint is always I can't get My sister in law had her baby 5 months ago and practiced yoga through her pregnancy and now on Lisa Sanson

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Lisa Trivell is the author of I Can't Believe It's Yoga For Kids (4.00 avg rating, 1 rating, 0 reviews, published 2000), Lisa Trivell's Followers. None yet.

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Provides instructions to yoga exercises for every stage of pregnancy. Available From: Hatherleigh Company

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